



with Sabrina Dalla Valle, MFA
Waldorf Educator and Award-winning Poet

April 5-7, 2019

Registration begins in January

The Canterbury Retreat and Conference Center

1601 Alafaya Trail, Oviedo, FL 32765
(Oviedo is a little northeast of Winter Park)

Do we listen to the physical spaces that surround us,
or to the unseen spaces within?

How can our sense of balance help us use our bodies
as a measuring gauge to get closer to what we hear?

- Listening Practices
- Balancing Exercises
- Form Drawing
- Singing
- Goethean Conversation

Please Join Us!

This conference is sponsored by
The Suncoast Waldorf School and The Waldorf School Association of Florida Inc.